

• PROFESSIONAL GRADE SUPPLEMENTS •

The Ultimate in Safety & Purity - ALLMAX Pharmaceutical Grade CreaSyn™ Creatine is the ultimate in purity and safety; rigorously held to strict standards that meet or exceed 3rd-Party independent testing for WADA Banned Substances and cGMP guidelines. In addition, our Creatine is micronized to an ultra-fine, free-flowing powder. Most Creatine powders on the market today have particles that are as much as 250% larger!*



- The new standard in Creatine
- Enhanced solubility
- World-Class purity specifications
- Pharmaceutical grade



CLEAN FOR ATHLETES. BANNED SUBSTANCE TESTED. This product has been ship-to tested for banned substances for the assurance of athletes and supplement users under the Informed Choice program. For further information about the testing process and test results, please visit www.CleanForAthletes.com.



Product of USA with domestic and imported materials



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SCIENCE • INNOVATION • QUALITY • RESULTS

ALLMAX
ESSENTIALS

CREATINE

PHARMACEUTICAL GRADE

- + Improve Performance In High-Intensity Strength Training*
- + Increase Muscle Mass, Strength and Size*
- + Muscle Volumizing Effects*



Net Wt 3.53 oz (100 g)

100 g
DIETARY SUPPLEMENT



Supplement Facts

Serving Size approx. 1 teaspoon 5 g
Servings Per Container 20

Amount Per Serving	% Daily Value
CreaSyn™ (as Creatine Monohydrate)	5 g †

† Daily Value not established.

RECOMMENDED DOSE: Start with a loading phase of 5-7 days and follow with a maintenance phase. Take daily with water or juice.
LOADING PHASE – 1 rounded tsp. (5g) four times daily (total of 20 g / day) for 5-7 days. **MAINTAIN PHASE** – 2/3 - 1 rounded tsp. daily (total of 3-5 g / day).

RECOMMENDED USE OR PURPOSE: Aids in improving performance in repetitive bouts of brief, highly-intense physical activity. Aids in increasing muscle mass when used in conjunction with a resistance training regimen.

WARNINGS: Do not use if you are pregnant or breastfeeding, have a medical condition or are taking prescription medications. Consult a healthcare practitioner before use. May result in weight gain. Not intended for use by those under 18. Store in a cool, dry place. Do not use if inner seal is broken.

CALIFORNIA WARNING: Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.0000005 g of lead. For more information go to www.P65Warnings.ca.gov.

ALLERGEN WARNING: Produced in a facility that also handles Milk, Soy, Egg, Peanut, Tree Nuts, Sesame, Fish, Crustacean and Shellfish products.

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